

Konstantinos Skandalis

Scientific Department Director

Konstantinos Skandalis was born in Arta in 1977. He entered the Medical School of the University of Ioannina in 1994 and graduated in 2000. In 2013, he obtained the title of Dermatologist-Venereologist. He is a member of the Hellenic Society of Dermatology and Venereology.

During the 2000s, he worked at the Military Hospital of Nicosia (Internal Medicine Department, 2003), the General Hospital of Arta (Cardiology Department, 2001; Internal Medicine Department, 2004–2005; Dialysis Unit, 2005–2006), and the University Hospital of Ioannina (Hematology Department, 2006–2007; Dermatology Department, 2009–2013).

While specializing in Dermatology, he was part of the research team that was the first worldwide to describe the pathophysiological correlation between the use of gliptins and metformin with the onset of bullous pemphigoid (J Eur Acad Dermatol Venereol. 2012 Feb;26(2):249-53).

In 2013, he published the book “*Medical Guide to Dietary Supplements and Herbs*” (ISBN: 9786188078208), one of the first attempts to define the role of dietary supplements in modern medical science and clinical practice.

In 2015, he translated into Greek the book “*Dermatology, Lecture Notes*” by Robin Graham-Brown and Tony Burns (ISBN 9789603949855, Parisianos Scientific Publications).

In 2023, he published the book “*Nutraceuticals, from Physiology to Clinical Practice*”, an extensive and in-depth review of the modern literature on the role of nutraceuticals in contemporary Clinical Medicine.

Since March 2013, he has been working as the Director of the Scientific Department at Lamberts-Green Import, with broad responsibilities including regulatory affairs, defining sales strategy, preparing scientific material, training staff in the proper use of clinical nutrition supplements, as well as designing and conducting clinical studies.

As a keynote speaker, he has participated in more than 200 seminars and conferences on the role of nutraceuticals in clinical practice.